

# Consent, Assumption of Risks & Indemnity Form

## Release of Liability, Waiver of Claims and Assumption of Risks and Indemnity Agreement

**Please read carefully**

I agree to abide by the rules and regulations of the GCCA and agree to use the facilities and equipment in a manner consistent with its intended use and application. I further agree to wear appropriate safety equipment while participating in the program/activity.

- The program/activity is considered a "High Risk Sport" and this physical activity is designed predominantly for healthy individuals. If you have been inactive, have health or medical concerns, you are advised to consult with your physician prior to participating in the program. Participation in this sport and physical activity involves various risks, dangers and hazards, including but not limited to:
- Minor or major bone and spinal fractures
- Rope, wire, netting burns
- Scrapes, abrasions, lacerations
- Head or body bumps and bruises
- Muscle, tendon, or ligament strains or sprains
- Head concussion

Caused by, but not limited to:

- Overstraining or exceeding physical limitations
- Slips, falls and other gravity related mishaps
- Impact against a hard surface
- Human error
- Disregard of guidelines, rules and standard practice
- Accelerated speeds and projection
- Collision with others
- Inattention or ignorance
- Rough equipment conditions, splinters, chalk dust, etc.
- Equipment failure and design
- Geographic and land formation hazards
- Environmental hazards
- Pollution hazards
- Animal actions or behaviour

An individual's participation will be deemed to indicate acceptance of such risks and injury. Therefore, the GCCA accepts no responsibility for such activity related risks. GCCA representatives do not have medical training; if you have health or medical concerns, talk to your doctor.

I understand and agree that my participation in the program/activity is not a requirement of the Canada GCCA and is strictly voluntary. I further agree that in the event of personal injury or property loss, as a result of my participation in the program/activity, I hereby release, waive and discharge the GCCA from all liability to me, my heirs, executors and administrators. I accept full responsibility for my actions and obligations and I will not hold the GCCA, its employees, volunteers, agents and instructors liable.

I am aware of the nature and effect of the Release of Liability, Waiver of Claims and Assumption of Risks and Indemnity Agreement. I am executing this release and waiver of liability agreement freely and without any compulsion on the part of the GCCA, I acknowledge to having read this entire agreement.

**By accepting the terms of this document, I am freely assuming all risks of injury and other risks associated with participating in the program/activity. I acknowledge having read, understood and agreed to the conditions contained in this Agreement.**

Name of player: \_\_\_\_\_

Signature Parent/Guardian: \_\_\_\_\_ Date \_\_\_\_\_